

CLASSIC EGGS

CAGE-FREE EGG SANDWICHES

Served on a Plain Bagel

Bacon & Cheddar

1 Egg 470 Cal \$4.99

2 Eggs 560 Cal \$5.69

Turkey-Sausage & Cheddar

1 Egg 490 Cal \$4.99

2 Eggs 590 Cal \$5.69

Ham & Swiss

1 Egg 470 Cal \$4.99

2 Eggs 560 Cal \$5.69

Cheddar Cheese

1 Egg 420 Cal \$4.69

2 Eggs 520 Cal \$5.39

Vegetarian

Avocado Toast

Smashed Avocado served with Salt & Pepper on a toasted Plain

410 Cal \$3.79

FRESH-MADE BAGELS

BAGELS

Classic 270 - 300 Cal.....	1.39
Gourmet 270 - 300 Cal.....	+.50

BAGEL BOXES

Baker's Dozen Box	15.99
13 Bagels with 2 Shmear Tubs	
Half Dozen Box	9.49
6 Bagels with 1 Shmear Tub	
Tub of Shmear	3.79

BAGELS + TOPPINGS

Shmear 370 - 420 Cal.....	2.99
Hummus 380 - 410 Cal.....	2.99
Natural PB* 510 - 540 Cal.....	2.89
PB&J* 590 - 670 Cal.....	2.99
Butter Blend 370 - 400 Cal....	1.99
Avocado 310 - 360 Cal.....	3.79

WHIPPED SHMEAR

REGULAR

Plain	120 Cal
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REDUCED FAT

Garden Veggie	110 Cal
Strawberry	120 Cal

*CONTAINS NUTS

DRINKS

SIGNATURE

HOT, ICED or BLENDED

M

L

CARAMEL HIGH RISE

whip + caramel sauce

\$4.99

710 Cal

\$5.19

820 Cal

VANILLA WHITE MOCHA

whip + chocolate sauce

\$4.99

770 Cal

\$5.19

900 Cal

BLENDED

M

L

CARIBOU COOLERS

vanilla

\$4.79

600 Cal

\$5.09

690 Cal

chocolate

\$4.79

680 Cal

\$5.09

790 Cal

caramel

\$4.79

710 Cal

\$5.09

820 Cal

CLASSICS

HOT or ICED

	M		L	
MOCHA	\$4.49	380 Cal	\$4.79	500 Cal
LATTE	\$3.99	180 Cal	\$4.19	220 Cal
CAPPUCCINO	\$3.99	110 Cal	\$4.19	130 Cal
HOT CHOCOLATE	\$3.59	450 Cal	\$3.89	580 Cal

CUSTOMIZE IT \$.80

flavor shot
adds 5 - 520 Cal

espresso shot
adds 0 Cal

almond milk
less 5 - 75 Cal

COFFEE

	M		L	
COLD PRESS				
<i>classic</i>	\$2.99	5 Cal	\$3.29	5 Cal
<i>caramel</i>	\$3.19	160 Cal	\$3.49	240 Cal
<i>vanilla</i>	\$3.19	130 Cal	\$3.49	200 Cal
<i>*vanilla hazelnut</i>	\$3.19	130 Cal	\$3.49	200 Cal
COFFEE OF THE DAY	\$2.29	5 Cal	\$2.49	5 Cal

*CONTAINS NUTS